

Certificate of Qualification in Esthetics

Revised November 9, 2022

Who can register?

You can register to challenge the BeautyCouncil Certificate of Qualification in Esthetics Exam, provided you have completed 800 school hours or 2,000 work experience hours in the trade of Esthetics.

Work experience is not required if you are a graduate of a school listed with the BC Private Training Institutions Branch (PTIB) at the time of your graduation. All other registrants are welcome to challenge the exam, provided you have completed school or work hours above. By registering online to take the exam, you are attesting to having completed these hours. You will upload your paperwork (or diploma) confirming your hours of schooling or experience after you register.

The reference textbook is Milady Standard Foundations (12E) and Milady Standard Foundations.

Exam cost (price includes GST)

- \$200 for BeautyCouncil Members
- \$300 for non-members

Registrants who do not pass the exam may apply to retake failed portion(s) of the exam (theory, practical, or both) within 2 years (no limit on the number of retakes). Retakes are \$125 for members and \$150 for non-members (includes GST). A pass requires a score of 70% or higher.

The exam takes place in a single day as outlined in the exam date registration page. There are two parts to the exam and both are at the venue listed in your confirmation email:

Theory - This is a 120 question, 2 hour multiple choice exam at the location listed in your registration email. You must score a minimum of 70% to pass this exam.

Practical - This is an in-person exam at a location listed on your registration email. You perform work on your model according to the exam outline below. This exam usually requires approximately 5 hours to complete. An examiner will oversee your work and score your work as you complete it. You must score a minimum of 70% to pass this exam.



Steps to earn your Certificate of Qualification in Esthetics:

1. Go to Certifications / Certificates of Qualification at www.beautycouncil.ca. Click “Tap here to see the exam schedule”. Choose your desired exam date. If no dates are available, do not call the office. All available dates are posted on this calendar. We post new exams regularly.
2. Submit your complete and accurate details, and your payment. You will receive a confirmation email with location and venue details.
3. Prepare your documents to submit to us. A clear, well-lit photo taken with a smart phone will work. You will receive a link in a confirmation email where you may submit the images to us.
4. Attend the exam as detailed in your confirmation email.

You will be notified of pass/fail via email, within 2-4 weeks.

If you do not attend your scheduled exam, or arrive more than 15 minutes late, your exam fee will be forfeited. Cancellations must be given 72 hours in advance by advising us at info@beautycouncil.ca

Attending the Exam

Registrants will wear clean, professional attire (uniforms are preferred) and wear no nail enhancements or coloured nail polish.

Registrants will turn off cell phones and devices and refrain from talking during the exam unless prompted by the examiner.

Only registrants and models will be permitted to stay in the exam area. Models must not be beauty school students, beauty professionals, or be working or have experience in the beauty industry.

- You and your model must arrive on time. Registrants who arrive more than 15 minutes late will not be admitted and will be required to reschedule for a later date.
- Present your valid government-issued Canadian photo ID, and your model's photo ID. The name on the ID will appear on your certificate.
- Submit your model waiver form.

Please ensure you have everything on the equipment checklist provided. There will be a short lunch break. Please pack a lunch.

The Theory exam:

At the exam venue, you will take our multiple choice theory exam.

The Practical exam:

At the exam venue, you will perform the practical exam and be graded by our examiner.

1. General trade practices – evaluated concurrently. Less than 70% in this category = fail for the entire practical exam.

- Professional grooming
- Proper hygienic and sanitation procedures
- Communication
- Professionalism

2. Full Facial (including skin analysis & complete massage) – 75 minutes

- Sanitary station set up
- Proper draping procedures
- Hygienic application procedures
- Eye & lip makeup removal
- Cleansing
- Rinsing
- Toning
- Skin analysis with completion of a consultation sheet
- Eye brow shaping (measuring/tweezing)
- Application & removal of exfoliant
- Application of hot towels
- Demonstration of one manual extraction
- Facial massage
- Application & removal of massage cream
- Four basic massage movements (face, décolleté, shoulders)
- Application & removal of facial mask (forehead to collar bone. No gel or clear masks)
- Application of moisturizer

3. Evening Makeup – 30 minutes

- Sanitary station setup
- Hygienic application procedures
- Demonstrate application & colour match of foundation
- Powder & blush, including contouring for evening
- Designing of lips (application & colour match of lipliner & lipstick)
- Designing of eyes: Eyebrows, eyeshadow (minimum three colours), eyeliner , mascara
- Sharpening of pencils (brow, shadow, liner, lip)
- End result is complimentary to model

4. Waxing (under arm, one leg – knee down, including knee) 20 minutes

- Model's hair should be visible – at least ¼”
- Sanitary station setup
- Hygienic application procedures
- Preparation of skin before waxing
- Testing of wax temperature
- Correct application of wax
- Correct wax removal techniques
- Removal of wax residue
- Application of post-wax soothing lotion
- Final results

5. Nail Care (French manicure – one hand, Pedicure with red polish – one foot) – 60 minutes.
Models must come with polish on one hand or foot to demonstrate polish removal

- Sanitary station setup
- Hygienic application procedures
- Removal of polish (hand or foot)
- French manicure on one hand:
- Demonstrate proper filing techniques
- Cuticle care (cuticle removing, soaking, loosening, trimming)
- Massage – fingertip to elbow. Two or more massage movements
- Proper polish techniques (basecoat, French style polish, topcoat)
- Pedicure with red polish (one foot):
- Demonstrate soaking
- Demonstrate application & removal of scrub
- Callous removal
- Proper filing & shaping techniques
- Cuticle care (cuticle remover, loosening & trimming)
- Massage – toes to knee. Two or more massage movements
- Proper polish techniques (basecoat, red polish, top coat)

Practical Examination Supplies and Checklist

BeautyCouncil provides these supplies:

- Bed
- Table
- Stool
- Chair
- Magnifying lamp
- Access to a sink with hot water

You must bring the following professional products and equipment to complete all exam services. For the purposes of the exam only, these products do not need to be “for salon use only” products and may be consumer grade equivalents (for example, purchased at a drug or department store).

IMPORTANT: Products must be approved for sale in Canada (for example, they must have English and French on the label, include metric measurements, and be approved for use on clients). Professional products can be purchased at beauty suppliers such as West Coast Beauty, Modern Beauty, CosmoProf, Icon, and more. Borrowing is prohibited.

- Government-issued photo ID for **both examinee and model**
- Model Release Form
- Client Consultation Form
- Mask
- Face shield

Facial

- Cleanser
- Large water bowl
- Cotton pads
- Visible face mask
- Facial tissue
- Toner
- Alcohol/antiseptic lotion
- Mask brush
- Hand sanitizer
- Exfoliant (scrub)
- Eyebrow brush

- Moisturizer
- Latex/vinyl gloves for extraction
- 10-15 hand towels
- Massage cream/oil
- Tweezers
- Blanket for model
- An appropriate strapless gown for model
- Clean headband and/or towel to cover model's head
- Two single-sized bedsheets (white only) of sufficient length to cover a facial bed/chair and drape model.

Make-up

- Foundation
- Mascara
- Lip liner
- Disposable mascara wands
- Contouring powder/cream
- Eyebrow colour (pencil/powder)
- Eyeshadow (minimum three colours)
- Disposable make-up sponges or foundation brush
- Powder
- Lip brush
- Lip colour
- Blush
- Empty make-up tray pallet
- Disposable lip wands
- Eyeliner
- Clean make-up brushes
- Clean brushes
- 99.9% alcohol

Waxing

- Cleansing pads, gauze, and/or cotton pads
- Wood spatulas (multiple)
- Soft liquid wax
- Tweezers
- Paper bed roll (just enough to cover bed)
- Wax pot & extension cord

- Pre-wax skin sanitizer
- Post-wax skin soother
- Scissors
- Gloves (latex/vinyl)
- Cotton/muslin wax strips
- Wax cleaner
- Baby powder or corn starch

Nail care

- No metal files or metal cuticle pushers are permitted
- Gloves for pedicure
- Cuticle pusher/orangewood sticks
- Nail polish remover
- Massage cream/oil
- Base coat
- Flat dark red polish
- Top coat
- French white/pink duo
- Supply tray
- Liquid soap for soaking
- Paper towels
- Nail files (natural & artificial)
- Hand sanitizer
- Foot sanitizer
- Cuticle remover
- Foot paddle
- Finger soaking bowl
- White sanitized towels
- Container for sterile implements
- Foot soaking tub
- Small garbage bag
- Exfoliating pedicure scrub
- Cotton balls
- Container for soiled implements
- Tissue for toe separator
- Nail polish: base coat, red polish, french white/pink duo, top coat
- 3-6" extension cord (if using electrical equipment)
- *No metal files or metal cuticle pushers are permitted

End of examination requirements

Client Consultation Form

Student Name: _____

Client Name: _____ Date: _____

Check client's areas of concern

<input type="checkbox"/> Premature Aging	<input type="checkbox"/> Acne and/ or Blemish Control
<input type="checkbox"/> Sun Damage	<input type="checkbox"/> Pigmentation: Redness/Discoloration
<input type="checkbox"/> Stress Reduction & Relaxation Benefits	<input type="checkbox"/> Pore Size and Surface Condition

Skin Analysis to be completed by Examinee

Lipid System

- Normal Secretion
- Low Secretion (Dry)
- Profuse Secretion (Oily)
- Seborrheic Skin
- Asphyxiated Skin
- Comedones
- Papules/Pustules
- Acne
- Milia
- Sebaceous Cyst
- Scars
- Pore Sizes

Hydric System

- Normal Hydration
- Superficial Dehydration
- Deep Dehydration
- Fine lines
- Wrinkles

Peripheral Vascular System

- Normal
- Erythrosis (Unusual Red Skin)
- Couperosis (Broken Capillaries)
- Telangiectasia (Dilation of Capillaries)
- Rhinophyma (Acne Rosacea)
- Telangiectatic Wart (Elevated)
- Angioma (Tumor Composed of Blood)
- Spider Angioma (Nevus)
- Cyanosis (Purple Blush Discoloration)

Keratinization

- Normal
- Hypokeratinization
- Hyperkeratinization
- Psoriasis
- Scales
- Furfur (Dandruff)
- Sores
- Eczema

Texture of Skin

- Smooth
- Irregular
- Rough

Thickness of Skin

- Normal
- Thick
- Thin

Sensitivity of The Skin

- Normal
- Reactive
- Intolerance
- Itching
- Sensitive
- Hypersensitive
- Burning Sensation
- Duration of Symptoms

Skin Tone

- Firm
- Mild Skin Atony
- Moderate Skin Atony
- Severe Skin Atony

Natural Skin Pigmentation & Complexion

- Light / Pale
- Medium
- Dark
- Olive
- Reddish
- Sallow
- Pinkish
- Golden

Tanning

- Easy
 - Difficult
 - Average
 - Sun Skin Type : Circle one
 - Allergy to Sun
 - Tanned
 - How Often Does She/He Tan?
- I II III IV V VI

Pigmentation Abnormalities

- Vitiligo
- Pigmentary Naevus
- Freckles
- Choasma
- Senile Lentigo (Age Spots)
- Other

Irregularities

- None
- Polyps
- Other
- Warts
- Hairy Moles
- Moles
- Portwine/Strawberry Stains

TO BE COMPLETED

List 2 Product Recommendations for Home Use:

2. List 2 Future Spa Service Recommendations

MODEL WAIVER FORM

I, _____, having consented to act as a model for the purpose of enabling
(Name)
the candidate to try the qualifying examination at _____ on
(City or Town or Province)
_____, 20 ____ hereby acknowledge that the following matters are known and
(Month / Day)
understood by me.

- (a) That I (the model) currently am not nor have I ever been a service provider or student in the cosmetology industry (hair, esthetics, or nails) in any country. If it is determined that I am associated with the cosmetology industry in any way, the candidate will face disqualification.**

- (b)** That I (the model) meet all requirements as dictated under health and safety (free from infections, broken skin, etc). And that I meet the required elements for the candidate to complete all competencies of this practical exam (nails the required length, hair for waxing, etc.). If these requirements are not met, the candidate will face disqualification.

- (c)** That BeautyCouncil™ does not guarantee or warranty that the aforesaid examination candidate possesses the requisite skills and competence to carry out any or all acts of esthetics and BeautyCouncil™ assumes no responsibility for any damage arising from any or all aspects of negligence on the part of the aforesaid candidate.

First Witness Signature

Model Signature

Second Witness Signature

Model Address

Signed _____, 20 ____
(Month / Day)

[If model is under 19 years of age, a letter from the parent or guardian must accompany this form stating that they consent to the above. Model must be at least 16 years of age.]

This form MUST BE COMPLETED by model prior to the registration of candidate's exam.